



# Creamy Truffled Bacon and Pea Spaghetti with Italian Style Cheese

Quick 20-25 Minutes

14



Garlic Clove



Spaghetti



Bacon Lardons



Chicken Stock  
Paste



Creme Fraiche



Peas



Grated Hard  
Italian Style Cheese



Truffle Zest



King Prawns

### Pantry Items

Oil, Salt, Pepper

### CUSTOM RECIPE

If you chose to add or double up on protein, then just follow the instructions on the back of this card.

Happy cooking!



## Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

## Cooking tools

Saucepan, garlic press, colander and frying pan.

## Ingredients

Ingredients	2P	3P	4P
Garlic Clove**	2	3	4
Spaghetti <b>13</b> )	180g	270g	360g
Bacon Lardons**	60g	90g	120g
Chicken Stock Paste	10g	15g	20g
Crema Fraiche** <b>7</b> )	150g	225g	300g
Peas**	120g	180g	240g
Grated Hard Italian Style Cheese** <b>7</b> ) <b>8</b> )	20g	40g	40g
Truffle Zest	1 sachet	2 sachets	2 sachets
King Prawns** <b>5</b> )	150g	225g	300g
<b>Pantry</b>	<b>2P</b>	<b>3P</b>	<b>4P</b>
Water for the Sauce*	100ml	150ml	200ml

\*Not Included \*\*Store in the Fridge

## Nutrition

Typical Values	Per serving	Per 100g	Custom Recipe	
			Per serving	Per 100g
<b>for uncooked ingredient</b>	<b>326g</b>	<b>100g</b>	<b>401g</b>	<b>100g</b>
Energy (kJ/kcal)	3086 / 738	947 / 226	3252 / 777	811 / 194
Fat (g)	34.8	10.7	35.2	8.8
Sat. Fat (g)	18.9	5.8	19.1	4.8
Carbohydrate (g)	79.7	24.4	79.7	19.9
Sugars (g)	9.4	2.9	9.4	2.3
Protein (g)	27.3	8.4	36.2	9.0
Salt (g)	2.20	0.67	3.21	0.80

Nutrition for uncooked ingredients based on 2 person recipe.

Reference Intake of an average adult (8400kJ/2000kcal).

## Allergens

**5)** Crustaceans **7)** Milk **8)** Egg **13)** Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, cereals containing gluten and sulphites.


Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email. Be careful when adding water to hot pans while cooking.

## Contact

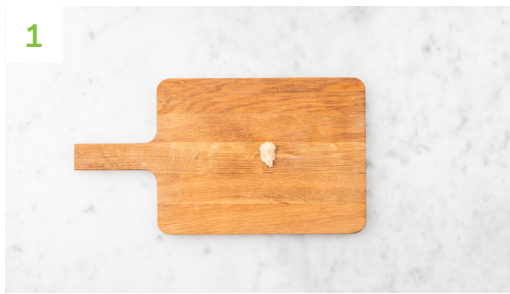
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## Get Prepping

**a)** Bring a large saucepan of **water** to the boil with  $\frac{1}{2}$   **tsp salt** for the **spaghetti**.

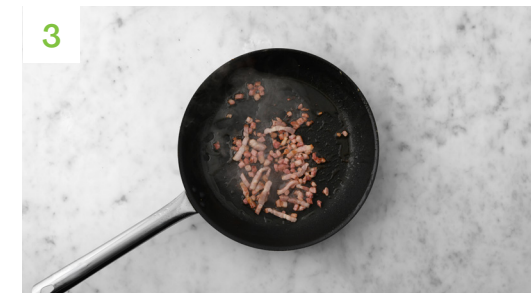
**b)** Peel and grate the **garlic** (or use a garlic press).



## Cook the Pasta

**a)** When your pan of **water** is boiling, add the **spaghetti** and bring back to the boil. Cook until tender, 8 mins.

**b)** Once cooked, drain in a colander and pop back in the pan. Drizzle with **oil** and stir through to stop it sticking together.



## Fry the Bacon

**a)** While the **pasta** cooks, heat a drizzle of **oil** in a large frying pan on medium-high heat.

**b)** Once hot, add the **bacon lardons**. Stir-fry until the **bacon** is cooked, 4-5 mins. **IMPORTANT:** Wash your hands and equipment after handling raw meat. Cook lardons thoroughly.

## CUSTOM RECIPE

If you're adding **prawns**, drain them, then add to the pan with the **bacon**. Fry for the same amount of time, then continue as instructed. **IMPORTANT:** Wash hands and utensils after handling raw prawns. Cook so they're opaque in the middle.



## Simmer your Sauce

**a)** Once the **bacon** is cooked, add the **garlic** and stir-fry until fragrant, 1 min.

**b)** Stir in the **chicken stock paste** and **water for the sauce** (see pantry for amount) into the pan.

**c)** Bring to the boil, then lower the heat and simmer until thickened, 3-4 mins.



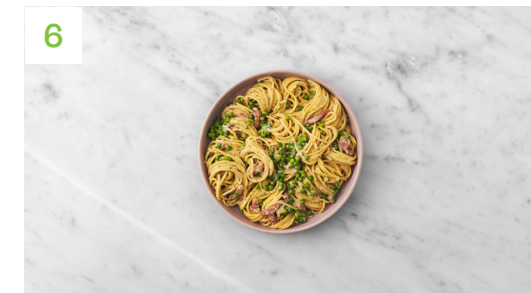
## Combine and Stir

**a)** Once the **sauce** has thickened, stir in the **crema fraiche**, **peas** and **cheese**.

**b)** Add the **cooked spaghetti** and toss to coat in the **sauce** until warmed through.

**c)** Season to taste with **salt** and **pepper**. Add a splash of **water** if the **sauce** is a little too thick.

**d)** Stir in the **truffle zest**, then remove from the heat.



## Serve

**a)** Share the **truffled bacon and pea spaghetti** between your bowls.

## Enjoy!