

Double Cheese Baked BBQ Burgers

with Wedges and Salad

Classic 40 Minutes • 1 of your 5 a day











Panko Breadcrumbs







Medium Tomato

Baby Gem Lettuce





Cider Vinegar

Cheddar Cheese





Red Leicester



BBQ Sauce



Glazed Burger Bun



Before you start

Our fruit and veggies need a little wash before you

Cooking tools, you will need:

Baking Tray, Bowl, Measuring Jug and Grater.

Ingredients

	2P	3P	4P
Potatoes**	450g	700g	900g
Garlic Salt	1 sachet	1 sachet	2 sachets
Panko Breadcrumbs 13)	10g	15g	20g
Water*	2 tbsp	3 tbsp	4 tbsp
Beef Mince**	240g	360g	480g
Medium Tomato	1	11/2	2
Baby Gem Lettuce**	1	2	2
Cider Vinegar 14)	1 sachet	1 sachet	2 sachets
Olive Oil for the Dressing*	1 tbsp	1 tbsp	2 tbsp
Cheddar Cheese** 7)	30g	45g	60g
Red Leicester** 7)	30g	60g	60g
BBQ Sauce 13)	32g	64g	64g
Glazed Burger Bun 13)	2	3	4

*Not Included **Store in the Fridge

Nutrition

	Per serving	Per 100g
for uncooked ingredient	559g	100g
Energy (kJ/kcal)	3496 /836	626 /150
Fat (g)	37	7
Sat. Fat (g)	16	3
Carbohydrate (g)	83	15
Sugars (g)	11	2
Protein (g)	43	8
Salt (g)	2.01	0.36

Nutrition for uncooked ingredients based on 2 person recipe.

Allergens

7) Milk 13) Gluten 14) Sulphites

Please remember to check your ingredient packaging for information on allergens and traces of allergens!

Wash your hands before and after prep. Wash fruit and veg; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods (or wash in-between).

Boxes are packed in facilities that handle Peanut, Nut, Sesame, Fish, Crustaceans, Milk, Egg, Mustard, Celery, Soya, Gluten & Sulphites.

Contact

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Roast the Wedges

Preheat your oven to 200°C. Chop the potatoes into 2cm wide wedges (no need to peel).

Pop the wedges onto a large baking tray. Drizzle with **oil**, season with **salt** and **pepper** then toss to coat. Spread out in a single layer. TIP: Use two baking trays if necessary.

When the oven is hot, roast on the top shelf until golden, 25-35 mins. Turn halfway through.



Make the Burgers

Put the garlic salt, breadcrumbs and water (see ingredients for amount) into a large bowl, then mix to combine.

Add the **beef mince**. Season with **salt** and **pepper** then mix together with your hands.

Roll the mince into even-sized balls then shape into 1cm thick burgers (1 per person). **IMPORTANT:** Wash your hands and equipment after handling raw mince.



Bake the Burgers

Pop the **burgers** onto a lined or lightly oiled baking tray and bake on the middle shelf of your oven until cooked through, 18-20 mins.



Make the Salad

Meanwhile, chop the **tomatoes** into 2cm pieces. Trim the **baby gem** then separate the leaves.

Put the cider vinegar and olive oil (see ingredients for amount) into a medium bowl. Season with salt. pepper and a pinch of sugar.

Mix together and add the tomatoes. Stir to combine and set aside. TIP: We'll add the lettuce later to avoid it wilting.

Grate the Cheddar and Red Leicester.



Grill the Cheese

Once the burgers and wedges are cooked, transfer the **wedges** to the bottom of your oven. **IMPORTANT:** The burgers are cooked when no longer pink in the middle.

Remove the **burgers** from your oven and carefully pile the **cheese** on top of them, followed by the BBQ sauce.

Turn your oven to grill setting, pop your burgers under and grill until the cheese has melted, 2-3 mins.



Finish and Serve

Meanwhile, halve the **burger buns** and pop into your oven to warm through, 2-3 mins.

Serve the burgers and a couple of lettuce leaves per person in your **buns**. Add the remaining lettuce to the dressing and toss to coat.

Serve the burgers with the wedges and salad alongside.

Enjoy!

There may be changes to ingredients in recipes:

Allergens: Always check the packaging of individual products/ingredients for up to date information.

Missing Ingredients: You will be notified by email if an ingredient is missing or replaced, with any potential recipe step changes.