

Fusilli Ragu Al Forno with Chives and Hard Italian Style Cheese



Customer Favourites 40 Minutes • 1 of your 5 a day



Before you start

Our fruit and veggies need a little wash before you use them!

Cooking tools, you will need:

Saucepan, Frying Pan, Chopping Board, Sharp Knife, Colander, Measuring Jug and Ovenproof Dish.

	2P	3P	4P
Beef Mince**	240g	360g	480g
Carrot**	1	1	2
Fusilli Pasta 13)	200g	300g	400g
Tomato Puree	1 sachet	1 sachet	2 sachets
Finely Chopped Tomatoes with Onion and Garlic	1 carton	1½ cartons	2 cartons
Red Wine Stock Sachet 14)	1 sachet	1 sachet	2 sachets
Water for the Sauce*	50ml	75ml	100ml
Chives**	1 bunch	1 bunch	1 bunch
Mozzarella 7)**	1 ball	1 ball	2 balls
Grated Hard Italian Style Cheese 7) 8) **	20g	40g	40g

*Not Included **Store in the Fridge

Nutrition

	Per serving	Per 100g
for uncooked ingredient	574g	100g
Energy (kJ/kcal)	4037 /965	703/168
Fat (g)	37	6
Sat. Fat (g)	19	3
Carbohydrate (g)	102	18
Sugars (g)	24	4
Protein (g)	54	9
Salt (g)	4.22	0.74

Nutrition for uncooked ingredients based on 2 person recipe.

Allergens

7) Milk 8) Egg 13) Gluten 14) Sulphites

Please remember to check your ingredient packaging for information on allergens and traces of allergens!

Wash your hands before and after prep. Wash fruit and veg; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods (or wash in-between).

Boxes are packed in facilities that handle Peanut, Nut, Sesame, Fish, Crustaceans, Milk, Egg, Mustard, Celery, Soya, Gluten & Sulphites.

Contact

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Fry the Mince

Preheat your oven to 200°C. Bring a large saucepan of **water** up to the boil with 0.5 tsp of **salt** for the pasta. Meanwhile, heat a drizzle of **oil** in a large frying pan on high heat. When hot, add the **beef mince** and cook until browned, 4-5 mins. Break it up with a wooden spoon as it cooks and drain any excess fat from the pan. **IMPORTANT:** *The mince is cooked when no longer pink in the middle.* Season with **salt** and **pepper**.



Cook the Sauce

Meanwhile, trim the **carrot** (no need to peel) and grate on the coarse side of your grater. Once browned, add the **carrots** to the **mince**, stir together then add the **tomato purée**. Cook, stirring, for another minute.



Simmer the Sauce

Pour the **finely chopped tomatoes** into the pan with the **mince** along with the **red wine stock sachet** and **water** (see ingredients for amount), bring to the boil, stirring to dissolve the **stock** then reduce the heat and simmer until thick and tomatoey, 10-12 mins. Season to taste with **salt** and **pepper** if needed. TIP: Add a splash of water if you feel it needs it.



Meanwhile....

Meanwhile, add the quick cook **fusilli** to the boiling water and cook until tender, 3-4 mins. When cooked, drain in a colander, pop back in the pan and drizzle with a little **oil** to stop it sticking together. Finely chop the **chives** (or snip with scissors if easier), then get some washing up out of the way.



Bake

Once thickened, stir the **sauce** and **pasta** together along with **half** of the **chives** (use whichever pan is the largest) and transfer to a large deep ovenproof dish. Drain the **mozzarella** and tear into pieces. Scatter over the top of the **pasta**, then sprinkle over the **hard Italian style cheese**. Bake until the **cheese** is melted and bubbly, 8-10 mins.



Serve

Serve the **pasta bake**, sprinkled with the remaining chopped **chives**.

Enjoy!

There may be changes to ingredients in recipes:

Allergens: Always check the packaging of individual products/ingredients for up to date information.

Missing Ingredients: You will be notified by email if an ingredient is missing or replaced, with any potential recipe step changes.