

# **HELLO FRESH** Halloumi Burger and Wedges with Roasted Pepper and Sweet Chilli Sauce



Classic 35-40 Minutes • Mild Spice • 2 of your 5 a day • Veggie • Fareshare Charity Donation



# Before you start

Our fruit and veg need a little wash before you use them! Wash your hands before and after prep.

### Cooking tools

Baking tray, bowl, peeler, grater and frying pan.

#### Inaredients

Ingredients	2P	3P	4P
Potatoes	450g	700g	900g
Bell Pepper***	1	1½	2
Halloumi** <b>7)</b>	250g	375g	500g
Baby Gem Lettuce**	1	2	2
Carrot**	1	1	2
Glazed Burger Bun <b>13)</b>	2	3	4
Burger Sauce 8) 9)	30g	60g	60g
Sweet Chilli Sauce	32g	48g	64g

Pantry	2P	3P	4P
Mayonnaise*	2 tbsp	3 tbsp	4 tbsp

\*Not Included \*\*Store in the Fridge \*\*\*Based on season, the colour of your bell pepper will either be yellow, red or orange to guarantee you get the best quality pepper.

#### Nutrition

Typical Values	Per serving	Per 100g
for uncooked ingredient	637g	100g
Energy (kJ/kcal)	4025 /962	632/151
Fat (g)	49.0	7.7
Sat. Fat (g)	19.9	3.1
Carbohydrate (g)	91.1	14.3
Sugars (g)	24.1	3.8
Protein (g)	40.6	6.4
Salt (g)	3.95	0.62

Nutrition for uncooked ingredients based on 2 person recipe. Reference Intake of an average adult (8400kJ/2000kcal).

#### Allergens

7) Milk 8) Egg 9) Mustard 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

#### Contact

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# **Cook the Wedges**

Preheat your oven to 220°C/200°C fan/gas mark 7.

Chop the potatoes into 2cm wide wedges (no need to peel). Pop onto a large baking tray. Drizzle with oil, season with salt and pepper, then toss to coat. Spread out in a single layer. TIP: Use two baking trays if necessary.

When the oven is hot, roast on the top shelf until golden, 25-35 mins. Turn halfway through.



# Halloumi Time

When 10 mins of roasting time remain, heat a drizzle of **oil** in a large frying pan on medium-high heat.

Once hot, lay in the halloumi slices and fry until golden brown, 2-3 mins each side.

Meanwhile, add the **burger sauce** to the **lettuce** and carrot bowl, then mix well and season to taste with salt and pepper.



# **Get Prepped**

Halve the **pepper** lengthways and discard the core and seeds. Cut the halloumi into slices, 2 per person.

Trim the **baby gem**, halve lengthways, then thinly slice widthways. Trim, peel and coarsely grate the carrot.

Pop the lettuce and carrot into a bowl and set aside.



# Turn up the Heat

When almost ready to serve, halve the burger buns. Pop onto a baking tray and into the oven to warm through, 2-3 mins.

Remove the **halloumi** pan from the heat and drizzle over half the sweet chilli sauce. Carefully turn the halloumi slices until coated.



# **Roast the Pepper**

When the wedges have about 15 mins left, lay the **pepper halves**, cut-side down, onto another baking tray. Drizzle with oil and season with salt and **pepper**.

Bake on the middle shelf of your oven for the remaining roasting time until soft and slightly charred, 18-20 mins.



#### Assemble your Burgers

To assemble the **burgers**, spread a spoonful of mayo (see ingredients for amount) over each bun base. Top with a slice of halloumi, a roasted pepper half and then another slice of halloumi. Drizzle with the remaining sweet chilli sauce, then top with the **bun lid**.

Serve your halloumi burgers with the wedges and salad alongside.

## Enjoy!



This recipe is part of our partnership with FareShare. By choosing this recipe you've provided the equivalent of a meal to a family in need.

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