

## HALLOUMI TRAY BAKE

with Mediterranean Roasted Vegetables and Pesto Drizzle





## HELLO HALLOUMI

The protein that sticks together in Halloumi gives the signature "squeek"









Red Pepper









Halloumi



Green Pesto

Hands on: 20 mins Total: 50 mins



2 of your 5 a day



**Family Box** 

For a real taste of the Mediterranean, this dish has it all. Potatoes, courgettes, peppers and onions are roasted together before the halloumi is added for the final 20 minutes until everything is deliciously golden. Serve up, finish off the flavours with a pesto drizzle and dive in! Minimal washing up, quick to prep, and packed with fresh summery flavours, this recipe is perfect for feeding a crowd.

## **BEFORE YOU**



ROAST THE POTATO Preheat your oven to 200°C. Chop the potatoes into 2cm chunks (no need to peel!). Pop onto a large baking tray in a single layer (use 2 trays if you need to - as you'll be adding the veggies to the tray later!). Drizzle with oil and sprinkle over the **oregano** and a pinch of salt and pepper. Toss to coat in the oil, then roast on the top shelf of your oven until golden, 15 mins.



PREP THE VEGGIES In the meantime, halve the **pepper** and discard the core and seeds. Chop into roughly 3cm pieces. Trim the **courgette** then halve lengthways. Cut widthways into 2cm wide slices. Halve and peel the **red onion**. Slice each half into four wedges. Peel and thinly slice the garlic. Drain the halloumi and slice widthways into three pieces per person.



ADD THE VEGGIES When the potatoes have been roasting for 15 mins, add the veggies and garlic slices to the tray and pour over another drizzle of oil and some more salt and pepper. Give everything a good toss, then return to the oven for another 15 mins.



**NUTRITION FOR** PER SERVING **PER UNCOOKED INGREDIENT** 630G 100G 463 /111 Energy (kJ/kcal) 2916/697 34 5 Fat (g) Sat. Fat (g) 19 3 Carbohydrate (g) 63 10 3 Sugars (g) 18 Protein (g) 37 6 Salt (g) 3.64 0.58 Nutrition for uncooked ingredients based on 2 person recipe.

**INGREDIENTS** 

2P

1 small

pack

1 small

bunch

1

1

1

1

block

1

1 tbsp

Potato \*

Oregano

Red Pepper \*

Courgette \*

Red Onion \*

Garlic Clove \*

Halloumi 7) \*

Green Pesto

**ALLERGENS** 

\*Not Included 🌞 Store in the Fridge

Olive Oil\*

1 large

pack

¾ large

bunch

2

1

2

2

11/2

blocks

1½

1½ tbsp

2 small

packs

1 large

bunch

2

2

2

2

2

blocks

2

2 tbsp



**NOW THE HALLOUMI** After 15 minutes when the veggies are starting to soften and colour, give everything another toss and lay the halloumi slices on top. Return to the oven for a final 15-20 mins. By this point, the **halloumi** should be nicely golden round the edges and the veggies should be softened!



**GET READY TO SERVE** While the **halloumi** is in the oven, pop the green pesto into a small bowl and add the olive oil (see ingredients for amount). Mix it together - it should be drizzling consistency. Now, do some washing up and get ready to serve!



TIME TO EAT! Once the veggies and the halloumi are nicely coloured, share between your plates (keeping the halloumi on top for nice presentation!). Spoon the **pesto drizzle** all over. Dig in!

Wash your hands before and after handling ingredients. Wash fruit and vegetables; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in-between uses.

## THUMBS UP OR THUMBS DOWN?

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