



# Penne Ragu Alforno

with Chives and Mozzarella

N° 10

**FAMILY** Hands on Time: 25 Minutes • Total Time: 40 Minutes • 1 of your 5 a day



Beef Mince



Carrot



Penne Pasta



Tomato Purée



Finely Chopped  
Tomatoes with  
Onion and Garlic



Red Wine Stock Pot



Chives



Mozzarella



Hard Italian Style  
Cheese

## Before you start

Our fruit, veggies and herbs need a wash before you use them!

### Basic cooking tools, you will need:

Large Saucepan, Frying Pan, Coarse Grater, Colander, Measuring Jug and Ovenproof Dish.

### Ingredients

	2P	3P	4P
Beef Mince**	240g	360g	480g
Carrot**	1	1	2
Penne Pasta <b>13)</b>	200g	300g	400g
Tomato Purée	1 sachet	1 sachet	2 sachets
Finely Chopped Tomatoes with Onion and Garlic	1 carton	1½ cartons	2 cartons
Red Wine Stock Pot <b>14)</b>	1 pot	1 pot	2 pots
Water for the Sauce*	50ml	75ml	100ml
Chives**	1 bunch	1 bunch	1 bunch
Mozzarella <b>7)</b> **	1 ball	1 ball	2 balls
Hard Italian Style Cheese <b>7) 8)</b> **	½ pack	1 pack	1 pack

\*Not Included \*\* Store in the Fridge

### Nutrition

	Per serving	Per 100g
for uncooked ingredient	574g	100g
Energy (kJ/kcal)	4019 /961	700 /167
Fat (g)	36	6
Sat. Fat (g)	19	3
Carbohydrate (g)	97	17
Sugars (g)	23	4
Protein (g)	57	10
Salt (g)	4.42	0.77

Nutrition for uncooked ingredients based on 2 person recipe.

### Allergens

7) Milk 8) Egg 13) Gluten 14) Sulphites

Wash your hands before and after handling ingredients. Wash fruit and vegetables; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in-between uses.

Boxes and ingredients are packed in facilities that handles Peanut, Nuts, Sesame, Fish, Crustaceans, Milk, Egg, Mustard, Celery, Soya, Gluten and Sulphites.

### Contact

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Packed in the UK



## 1. Fry the Mince

Preheat your oven to 200°C. Bring a large saucepan of **water** up to the boil with ½ tsp of **salt** for the **pasta**. Meanwhile, heat a drizzle of **oil** in a large frying pan on high heat. When hot, add the **beef mince** and cook until browned, 4-5 mins. **Break** it up with a wooden spoon as it cooks. **IMPORTANT:** *The mince is cooked when it is no longer pink in the middle. Season with **salt** and **pepper**.*



## 4. Meanwhile....

Meanwhile, finely chop the **chives** (or snip with scissors if easier!) then get some washing up out of the way!



## 2. Cook the Pasta

Meanwhile, trim the **carrot** (no need to peel) and grate on the coarse side of your grater. Add the **penne** to the boiling **water** and cook for 12 mins. When cooked, drain in a colander, pop back in the pan and drizzle with a little **oil** to stop it sticking together.



## 5. Bake

Once thickened, stir the **sauce** and **pasta** together along with **half** of the **chives** (use whichever pan is the largest!) and transfer to a large deep ovenproof dish. Drain the **mozzarella** and tear into pieces. Scatter over the top of the **pasta**, then sprinkle over the **hard Italian style cheese**. Bake until the **cheese** is melted and bubbly, 8-10 mins.



## 3. Simmer the Sauce

Once browned, add the **carrots** to the **beef mince**, stir together then add the **tomato puree**. Cook, stirring, for another minute. Pour the **finely chopped tomatoes** into the pan with the **mince** along with the **red wine stock pot** and **water** (see ingredients for amount), bring to the boil, stirring to dissolve the **stock pot** then reduce the heat and simmer until thick and tomatoey, 10-12 mins. Season to taste with **salt** and **pepper** if needed.



## 6. Serve

Serve the **penne bake**, sprinkled with the remaining chopped **chives**.

## Enjoy!

*There may be changes to ingredients in recipes:*

**Allergens:** Always check the packaging of individual products/ingredients for up to date information.

**Missing Ingredients:** You will be notified by email if an ingredient is missing or replaced, with any potential recipe step changes.