

# Penne Ragu Al Forno with Chives and Hard Italian Style Cheese

Customer Favourites 40 Minutes • 1 of your 5 a day









Carrot



Penne Pasta



Tomato Purée





Finely Chopped Tomatoes with Onion and Garlic



Chives



Red Wine Stock Sachet

Mozzarella



Grated Hard Italian Style Cheese

## Before you start

Our fruit and veggies need a little wash before you

# Cooking tools, you will need:

Saucepan, Frying Pan, Chopping Board, Sharp Knife, Colander, Measuring Jug and Ovenproof Dish.

## Ingredients

	2P	3P	4P
Beef Mince**	240g	360g	480g
Carrot**	1	1	2
Penne Pasta 13)	200g	300g	400g
Tomato Purée	1 sachet	1 sachet	2 sachets
Finely Chopped Tomatoes with Onion and Garlic	1 carton	1½ cartons	2 cartons
Red Wine Stock Sachet 14)	1 sachet	1 sachet	2 sachets
Water for the Sauce*	50ml	75ml	100ml
Chives**	1 bunch	1 bunch	1 bunch
Mozzarella 7)**	1 ball	1 ball	2 balls
Grated Hard Italian Style Cheese <b>7) 8)**</b>	20g	30g	40g

<sup>\*</sup>Not Included \*\*Store in the Fridge

#### **Nutrition**

	Per serving	Per 100g
for uncooked ingredient	599g	100g
Energy (kJ/kcal)	4044 /967	675 /161
Fat (g)	37	6
Sat. Fat (g)	19	3
Carbohydrate (g)	100	17
Sugars (g)	24	4
Protein (g)	57	10
Salt (g)	4.34	0.73

Nutrition for uncooked ingredients based on 2 person recipe.

# **Allergens**

7) Milk 8) Egg 13) Gluten 14) Sulphites

Please remember to check your ingredient packaging for information on allergens and traces of allergens!

Wash your hands before and after prep. Wash fruit and veg; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods (or wash in-between).

Boxes are packed in facilities that handle Peanut, Nut, Sesame, Fish, Crustaceans, Milk, Egg, Mustard, Celery, Soya, Gluten & Sulphites.

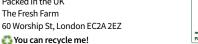
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# Fry the Mince

Preheat your oven to 200°C. Bring a large saucepan of water up to the boil with 0.5 tsp of salt for the pasta. Meanwhile, heat a drizzle of oil in a large frying pan on high heat. When hot, add the beef mince and cook until browned, 4-5 mins. Break it up with a wooden spoon as it cooks and drain any excess fat from the pan. **IMPORTANT**: The mince is cooked when no longer pink in the middle. Season with salt and pepper.



## Cook the Sauce

Meanwhile, trim the carrot (no need to peel) and grate on the coarse side of your grater. Add the penne to the boiling water and cook for 12 mins. When cooked, drain in a colander, pop back in the pan and drizzle with a little oil to stop it sticking together. Once browned, add the carrots to the mince, stir together then add the tomato purée. Cook, stirring, for another minute.



## Simmer the Sauce

Pour the **finely chopped tomatoes** into the pan with the mince along with the red wine stock sachet and water (see ingredients for amount), bring to the boil, stirring to dissolve the stock then reduce the heat and simmer until thick and tomatoey, 10-12 mins. Season to taste with **salt** and **pepper** if needed. TIP: Add a splash of water if you feel it needs it.



## Meanwhile....

Meanwhile, finely chop the **chives** (or snip with scissors if easier!) then get some washing up out of the way!



### **Bake**

Once thickened, stir the sauce and pasta together along with half of the chives (use whichever pan is the largest!) and transfer to a large deep ovenproof dish. Drain the **mozzarella** and tear into pieces. Scatter over the top of the pasta, then sprinkle over the hard Italian style cheese. Bake until the cheese is melted and bubbly, 8-10 mins.



#### Serve

Serve the **penne bake**, sprinkled with the remaining chopped chives.

Enjoy!

#### There may be changes to ingredients in recipes:

**Allergens:** Always check the packaging of individual products/ingredients for up to date information.

Missing Ingredients: You will be notified by email if an ingredient is missing or replaced, with any potential recipe step changes.