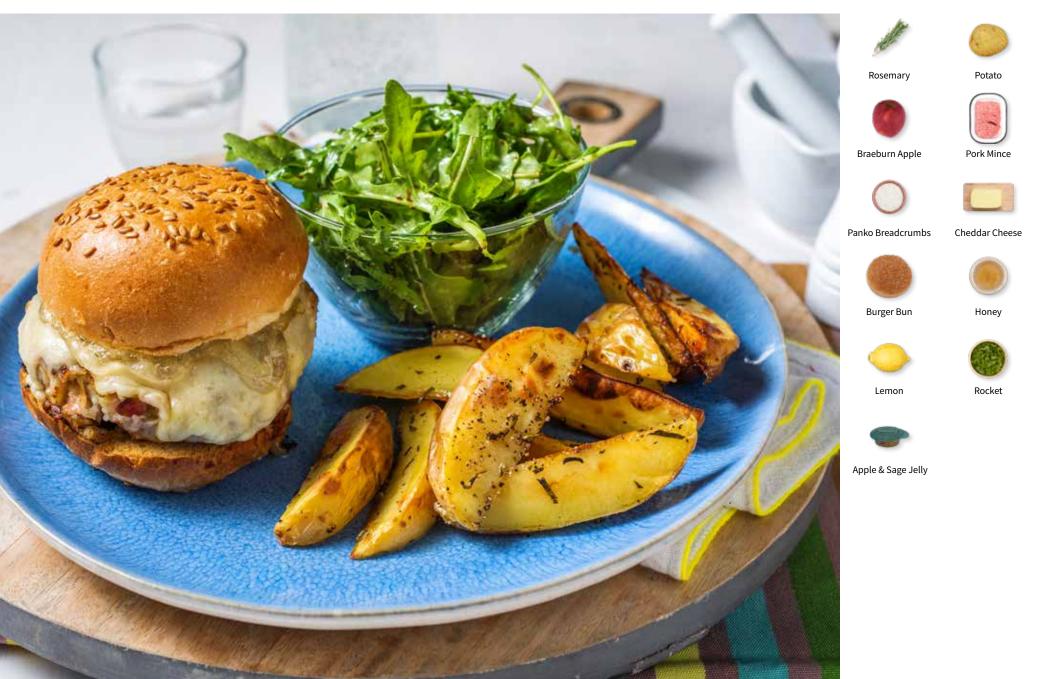


# **Pork & Apple Burger** with Rosemary Wedges and Rocket Salad



CLASSIC 35 Minutes



# Before you start

Our fruit, veggies and herbs need a wash before you use them!

Basic cooking tools, you will need:

Two Baking Trays, Coarse Grater, Mixing Bowl and Frying Pan. Ingredients

#### 2P 3P 4P Rosemary\*\* 1⁄4 1/2 1/2 1 large 1 small 2 small Potato\*\* packs pack pack Braeburn Apple\*\* 1 1 2 Pork Mince\*\* 240g 360g 480g Panko 10g 15g 20g Breadcrumbs 13) Cheddar Cheese 1 block 2 blocks 2 blocks 7)\*\* Burger Bun 8) 2 3 4 11) 13) Honey 1 sachet 1 sachet 2 sachets 3/4 Lemon\*\* 1/2 1 Olive Oil for the 2 tbsp 3 tbsp 4 tbsp Dressing\* Rocket\*\* 1 bag 1½ bags 2 bags Apple & Sage Jelly 1 pot 1½ pots 2 pots

\*Not Included \*\* Store in the Fridge

#### Nutrition

	Per serving	Per 100g
for uncooked ingredient	560g	100g
Energy (kJ/kcal)	3956 /946	706/169
Fat (g)	43	8
Sat. Fat (g)	15	3
Carbohydrate (g)	104	19
Sugars (g)	24	4
Protein (g)	39	7
Salt (g)	1.04	0.19

Nutrition for uncooked ingredients based on 2 person recipe.

#### Allergens

7) Milk 8) Egg 11) Soya 13) Gluten

Wash your hands before and after handling ingredients. Wash fruit and vegetables; but not meat ! Use different chopping boards and utensils for raw and ready-to-eat foods or wash these in-between uses.

Boxes and ingredients are packed in facilities that handles Peanut, Nuts, Sesame, Fish, Crustaceans, Milk, Egg, Mustard, Celery, Soya, Gluten and Sulphites.

#### Contact

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# 1. Cook the Wedges

Preheat your oven to 200°C. Pick the **rosemary leaves** from their stalks and finely chop (discard the stalks). Chop the **potatoes** into 2cm wide wedges (no need to peel!). Lay on a baking tray. Drizzle over a little **oil** and sprinkle on the **rosemary**. Season with **salt** and **pepper**. Toss to coat, then spread out evenly and roast on the top shelf of your oven until crispy, 25-30 mins. Turn halfway through cooking.



#### 2. Make the Burgers

Coarsely grate the **apple**, no need to peel (discard the core). Place in a clean tea towel and squeeze out as much juice as you can (you don't want soggy burgers!). Put the **pork mince** in a mixing bowl and add the **grated apple** and the **panko breadcrumbs**. Season with **salt** and **pepper**, then mix well and form into **burgers** 2cm thick (one per person). *IMPORTANT:* Wash your hands after touching raw meat!



# 3. Fry the Burgers

Heat a glug of **oil** in a frying pan on medium heat. Once hot, gently add the **burgers** and cook them 5-6 mins on each side. *IMPORTANT:* The burgers are cooked when no longer pink in the middle. **TIP:** Don't turn each burger until it has formed a crust on the underside or it might stick to the pan!



### 4. Melt the Cheese

Meanwhile, grate the **Cheddar cheese**. Once the **burgers** are cooked, take the pan off the heat. Divide the **cheese** between the tops of the **burgers**, then pop a lid on the pan and set aside for the **cheese** to melt, about 4 mins.



### 5. Warm the Burger Buns

While the **burgers** are cooking, slice each **bun** in half. Place on another baking tray and pop them on the middle shelf of your oven to warm through for the last 2-3 mins of **potato** cooking time. **TIP:** *Watch your buns don't burn!* Put the **honey** in another mixing bowl and add a squeeze of **lemon juice** and **olive oil** (see ingredients for amount). Season with **salt** and **pepper**. Just before serving, add the **rocket** and toss well.



# 6. Finish and Serve

Spread a little of the **apple and sage jelly** on the base of each **burger bun**. Serve your **burgers** in the **buns** with some **wedges** and **salad** alongside.

**Enjoy!** 

#### There may be changes to ingredients in recipes:

**Allergens:** Always check the packaging of individual products/ingredients for up to date information. **Missing Ingredients:** You will be notified by email if an ingredient is missing or replaced, with any potential recipe step changes.