

Porky Pappardelle with Spinach



RAPID 20 Minutes



Before you start

Our fruit, veggies and herbs need a wash before you use them!

Basic cooking tools you will need:

Large Saucepan, Large Frying Pan, Colander and Measuring Jug.

Ingredients

	2P	3P	4P
Pork Mince**	240g	360g	480g
Italian Herbs	1 pot	1 pot	1 pot
Pappardelle 13)	200g	300g	400g
Worcester Sauce 13)	½ sachet	¾ sachet	1 sachet
Finely Chopped Tomatoes with Onion and Garlic	1 carton	1½ cartons	2 cartons
Red Wine Stock Pot 14)	1 pot	1½ pots	2 pots
Water for the Sauce*	50ml	75ml	100ml
Baby Spinach**	1 small bag	1 large bag	1 large bag
Hard Italian Style Grated Cheese 7) 8)**	1 pack	1½ packs	2 packs

*Not Included ** Store in the Fridge

Nutrition

	Per serving	Per 100g
for uncooked ingredients	507g	100g
Energy (kJ/kcal)	3071/734	606/145
Fat (g)	25	5
Sat. Fat (g)	10	2
Carbohydrate (g)	79	16
Sugars (g)	19	4
Protein (g)	45	9
Salt (g)	4.43	0.88

Nutrition for uncooked ingredients based on 2 person recipe.

Allergens

7) Milk 8) Egg 13) Gluten 14) Sulphites

Wash your hands before and after handling ingredients. Wash fruit, vegetables and herbs; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods or wash these thoroughly in-between uses.



1. Fry the Pork

a) Bring a large saucepan of **water** to the boil over high heat with ½ tsp of **salt**.

b) Heat a drizzle of oil in a large frying pan on high heat and add the pork. Cook until browned, 2-3 mins. Break it up with a spoon as it cooks. *IMPORTANT:* The mince is cooked when it is no longer pink in the middle.

c) Sprinkle over the **Italian herbs** and cook, stirring, for another minute.



4. Wilt the Spinach

a) When the **sauce** is cooked, stir in the **spinach** a handful at a time to wilt, 2-3 mins.



2. Cook the Pasta

a) Add the **pappardelle** to the saucepan of boiling **water** and cook until tender, 10 mins.

b) When cooked, drain in a colander and drizzle with a little **oil** to stop it sticking together.



3. Make the Sauce

a) Meanwhile add the **Worcester sauce** to the **pork** (see ingredients for amount) and allow to bubble away until evaporated.

b) Stir in the **finely chopped tomatoes**, **red wine stock pot**, **water** (see ingredients for amount) and a pinch of **sugar** (if you have any).

c) Bring to the boil, stirring to dissolve the stock
pot, then reduce the heat to medium and simmer rapidly until the sauce is thick and tomatoey,
5-6 mins. TIP: Add a splash more water if it gets too thick.



6. Serve

a) Serve the **porky pappardelle** in bowls finished with a sprinkle of the remaining **hard Italian style cheese**.

Enjoy!

Contact

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There may be changes to ingredients in recipes:

Allergens: Always check the packaging of individual products/ingredients for up to date information. **Missing Ingredients:** You will be notified by email if an ingredient is missing or replaced, with any potential recipe step changes.

b) Taste and season with salt and pepper

a) Toss the drained pappardelle through the sauce

along with half the hard Italian style cheese (if it's

easier, transfer everything to the pasta saucepan

5. Finish Up

to combine).

if needed.