



Prince Harry's Chicken Pie with Mushrooms and Carrots

Family Hands On Time: 30 Minutes • Total Time: 40 Minutes • 1.5 of your 5 a day

7



Loose Potato



Onion



Closed Cup Mushrooms



Carrot



Garlic Clove



Panko Breadcrumbs



Chicken Breast



Chicken Stock Powder



Crème Fraîche

Before you start

Our fruit and veggies need a little wash before you use them!

Cooking tools, you will need:

Saucepan, Fine Grater (or Garlic Press), Frying Pan and Measuring Jug.

Ingredients

	2P	3P	4P
Loose Potato**	2	3	4
Onion**	1	1	2
Closed Cup Mushrooms**	1 small punnet	1 large punnet	2 small punnets
Carrot**	1	2	2
Garlic Clove**	2 cloves	3 cloves	4 cloves
Panko Breadcrumbs 13	25g	40g	50g
Olive Oil*	2 tbsp	3 tbsp	4 tbsp
Chicken Breast**	2	3	4
Water for the Sauce*	100ml	150ml	200ml
Chicken Stock Powder	1 sachet	2 sachets	2 sachets
Crème Fraîche 7 **	150g	225g	300g

*Not Included **Store in the Fridge

Nutrition

	Per serving	Per 100g
for uncooked ingredient	660g	100g
Energy (kJ/kcal)	2885/690	437/105
Fat (g)	34	5
Sat. Fat (g)	13	2
Carbohydrate (g)	60	9
Sugars (g)	12	2
Protein (g)	48	7
Salt (g)	1.07	0.16

Nutrition for uncooked ingredients based on 2 person recipe.

Allergens

7) Milk 13) Gluten

Please remember to check your ingredient packaging for information on allergens and traces of allergens!

Wash your hands before and after prep. Wash fruit and veg; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods (or wash in-between).

Boxes are packed in facilities that handle Peanut, Nut, Sesame, Fish, Crustaceans, Milk, Egg, Mustard, Celery, Soya, Gluten & Sulphites.

Contact

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Packed in the UK

The Fresh Farm

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Cook the Potato

Bring a large saucepan of **water** to the boil with ¼ tsp of **salt** and preheat your oven to 220°C. Peel the **potato** and slice into 1cm wide rounds. Pop them into your pan of boiling **water**, cook until just soft, 12-15 mins. **TIP:** *The potato is cooked when you can easily slip a knife through, but be careful you don't want them to overcook.* Once cooked, carefully drain in a colander and set aside.



Finish the Prep

Meanwhile, halve, peel and thinly slice the **onion**. Thinly slice the **mushrooms**. Trim the **carrot** (no need to peel), halve lengthways then slice each half into long 1cm wide strips. Chop into 1cm chunks. Peel and grate the **garlic** (or use a garlic press). Put the **breadcrumbs** into a bowl and add the **olive oil** (see ingredients for amount). Season with **salt** and **pepper**, stir together.



Brown the Chicken

Chop the **chicken** into 2cm chunks. **IMPORTANT:** *Wash your hands after handling raw meat.* Heat a drizzle of **oil** in a frying pan on medium-high heat. When hot, add the **chicken**, season with **salt** and **black pepper** and cook until the **chicken** is browned, 6-7 mins. **IMPORTANT:** *The chicken is cooked when no longer pink in the middle.* **TIP:** *Cook the chicken in two batches if you need to - in a crowded pan it will stew rather than brown!*



Cook the Veg

Once cooked, transfer the **chicken** to a bowl and leave to the side. Add a drizzle more **oil** to the pan along with the **onion** and **carrot**. Cook on medium heat, stirring, until slightly softened, 4-5 mins. Stir in the **mushrooms** and a little more **oil** if needed. Turn the heat up slightly. Cook everything together until the **mushrooms** are browned, about 5-6 mins. Add the **garlic**, stir and cook for a minute more.



Simmer

Pour in the **water** (see ingredients for amount) and add the **chicken stock powder**. Bring to the boil and stir to dissolve the **stock powder**. Add the **crème fraîche** and bring back to the boil, then turn down the heat and simmer gently until reduced by a third, 3-4 mins. Once the **sauce** has reduced, return the **chicken** to the frying pan. Season to taste with **salt** and **pepper**.



Bake and Serve

Transfer the **chicken mixture** to an ovenproof dish and top with the **cooked potato slices**. Sprinkle over your **breadcrumbs**. Season with **black pepper** and bake on the top shelf of your oven until the top is golden brown, 10-12 mins. Serve straight from the dish.

Enjoy!

There may be changes to ingredients in recipes:

Allergens: Always check the packaging of individual products/ingredients for up to date information.

Missing Ingredients: You will be notified by email if an ingredient is missing or replaced, with any potential recipe step changes.