

Prince Harry's Chicken Pie

with Mushrooms and Roasted Carrots

Classic

45 Minutes • 2 of your 5 a day











Closed Cup Mushrooms





Garlic Clove



Carrot

Breadcrumbs



Diced Chicken



Breast



Creme Fraiche



Chicken Stock

Paste

CUSTOM RECIPE

This is a Custom recipe. If you chose to swap, upgrade or double up on protein, then just follow the instructions on the back of this card.

Happy cooking!



Before you start

Our fruit and veggies need a little wash before you use them! Wash your hands before and after prep.

Cooking tools

Saucepan, colander, baking tray, garlic press, bowl, frying pan and ovenproof dish.

Ingredients

	2P	3P	4P
Potatoes**	1	1½	2
Red Onion**	1	1	2
Closed Cup Mushrooms**	150g	225g	300g
Carrot**	2	3	4
Garlic Clove**	2	3	4
Panko Breadcrumbs 13)	25g	35g	50g
Olive Oil for the Crumb*	2 tbsp	3 tbsp	4 tbsp
Diced Chicken Breast**	280g	420g	560g
Water for the Sauce*	100ml	150ml	200ml
Chicken Stock Paste	10g	15g	20g
Creme Fraiche** 7)	150g	225g	300g
Bacon Lardons**	90g	120g	180g

^{*}Not Included **Store in the Fridge

Nutrition

	Per serving	Per 100g
for uncooked ingredient	624g	100g
Energy (kJ/kcal)	2894 /692	459/110
Fat (g)	36	6
Sat. Fat (g)	17	3
Carbohydrate (g)	49	8
Sugars (g)	12	2
Protein (g)	44	7
Salt (g)	1.33	0.21
Custom Recipe	Per serving	Per 100g
Custom Recipe for uncooked ingredient	Per serving 669g	Per 100g 100g
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for uncooked ingredient	669g	100g
for uncooked ingredient Energy (kJ/kcal)	669g 3382 /808	100g 506/121
for uncooked ingredient Energy (kJ/kcal) Fat (g)	669g 3382 /808 45	100g 506/121 7
for uncooked ingredient Energy (kJ/kcal) Fat (g) Sat. Fat (g)	669g 3382/808 45 20	100g 506/121 7 3
for uncooked ingredient Energy (kJ/kcal) Fat (g) Sat. Fat (g) Carbohydrate (g)	669g 3382/808 45 20 50	100g 506/121 7 3 7

Nutrition for uncooked ingredients based on 2 person recipe.

Allergens

7) Milk 13) Gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

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potatoes and slice into thin rounds approximately 1cm thick. When boiling, add the **potatoes** to the water and cook until just tender, 14-16 mins. TIP: The potatoes are cooked when you can easily slip a knife through, but be careful not to overcook them. Once cooked, carefully drain in a colander and set aside.



Fry the Veg

Return your (now empty) pan to medium heat with a drizzle of oil. When hot, add the onion and cook until softened, 4-5 mins, stirring occasionally. Add the **mushrooms** and a little more **oil** if needed, then turn the heat up slightly and fry until browned, about 5-6 mins. Stir in the garlic and cook for 1 min more. Meanwhile, pop the carrots on the middle shelf of your oven to roast until tender, 18-25 mins. Turn halfway through.

CUSTOM RECIPE

If you've added **bacon lardons** to your recipe, add to the pan before the onion. Stir-fry until golden, 3-4 mins, then continue as instructed. **IMPORTANT:** Wash your hands and equipment after handling raw meat. Cook lardons thoroughly.



Finish the Prep

Meanwhile, halve, peel and thinly slice the red onion. Thinly slice the mushrooms. Trim the carrot then halve lengthways (no need to peel). Chop into roughly 1cm wide, 5cm long batons. Pop the carrots onto a large baking tray. Drizzle with oil, season with salt and pepper then toss to coat. Spread out in a single layer, then set aside. Peel and grate the **garlic** (or use a garlic press). Pop the breadcrumbs and olive oil for the crumb (see ingredients for amount) into a small bowl, then season. Mix together, then set aside.



Brown the Chicken

Heat a drizzle of oil in a frying pan on mediumhigh heat. When hot, add the chicken and season with salt and pepper. Cook until browned all over, 6-7 mins. **IMPORTANT**: Wash your hands and equipment after handling raw chicken and its packaging. TIP: Cook in batches if necessary - you want the chicken to brown, not stew. Once browned, transfer the **chicken** to a medium bowl and set aside.



Simmer the Sauce

Stir the water for the sauce (see ingredients for amount) and the chicken stock paste into the pan, then bring to the boil. Stir in the creme **fraiche**, bring back to the boil again, then turn down the heat. Simmer gently until reduced by a third, 3-4 mins. Once the sauce has reduced, taste and season with salt and pepper, then return the **chicken** to the frying pan.



Bake and Serve

Transfer the **chicken filling** to an appropriately sized ovenproof dish. Layer on the cooked potato slices, then sprinkle over the breadcrumb mixture. Season with pepper and bake on the top shelf of your oven until golden brown, 10-12 mins. **IMPORTANT:** The chicken is cooked when no longer pink in the middle. Serve straight from the dish with the roasted carrots alongside.

Enjoy!