



Serrano Ham & Mozzarella Roll with Fig Jam and Rocket

Lunch 5 Minutes

4A



Fresh Mozzarella



Serrano Ham



Seeded Roll



Mayonnaise



Fig Jam



Rocket

Before you start

Our fruit and veg need a little wash before you use them!
Wash your hands before and after prep.

Cooking tools

Chopping board and knife.

Ingredients

Ingredients	Quantity
Fresh Mozzarella** 7)	1 ball
Serrano Ham**	3 slices
Seeded Roll 13)	1
Mayonnaise 8) 9)	1 sachet
Fig Jam	1 sachet
Rocket**	20g

*Not Included **Store in the Fridge

Nutrition

Typical Values	Per serving	Per 100g
for uncooked ingredient	362g	100g
Energy (kJ/kcal)	3421/818	945/226
Fat (g)	39.9	11.0
Sat. Fat (g)	16.3	4.5
Carbohydrate (g)	69.4	19.2
Sugars (g)	22.8	6.3
Protein (g)	48.4	13.4
Salt (g)	5.4	1.49

Nutrition for uncooked ingredients based on 1 person recipe.
Reference Intake of an average adult (8400kJ/2000kcal).

Allergens

7) Milk 8) Egg 9) Mustard 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

Contact

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Packed in the UK

The Fresh Farm

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1



2



3



Prep Time

a) Drain and thinly slice the **mozzarella**.

b) Roughly tear the **Serrano ham**.

Get Spreading

a) Slice the **seeded roll** in half lengthways.

b) Spread the **mayo** on the base of the **roll** (as much as you'd like).

c) Spread the **fig jam** on the top of the **roll** (as much as you'd like).

Layer It Up

a) Pop the **rocket** (as much as you'd like) on the bottom of the **roll**.

b) Top with the **mozzarella**, then the **Serrano ham** pieces.

c) If you're eating straight away, pop your **sandwich** on a plate and tuck in.

d) If you're eating later, pop into a plastic container and store in your fridge.

Enjoy!