

# Serrano Ham Wrapped Chicken Breast



with Cheesy Truffled Roast Potatoes, Tenderstem® and Creamy Sauce

Premium 40-45 Minutes



## Before you start

Our fruit and veggies need a little wash before you use them! Wash your hands before and after prep.

### Cooking tools

Kettle, baking tray, saucepan, colander and frying pan. Ingredients

	2P	3P	4P
Potatoes**	450g	700g	900g
Grated Hard Italian Style Cheese** <b>7) 8)</b>	40g	65g	80g
Serrano Ham**	2 slices	3 slices	4 slices
Chicken Fillets**	2	3	4
Echalion Shallot**	1	1	2
Tenderstem® Broccoli**	150g	200g	300g
Water for the Sauce*	100ml	150ml	200ml
Chicken Stock Paste	10g	15g	20g
Creme Fraiche** 7)	100g	150g	200g
Truffle Zest	1 sachet	2 sachets	2 sachets

\*Not Included \*\*Store in the Fridge

#### Nutrition

	Per serving	Per 100g
for uncooked ingredient	578g	100g
Energy (kJ/kcal)	2771/662	480/115
Fat (g)	27	5
Sat. Fat (g)	15	3
Carbohydrate (g)	46	8
Sugars (g)	7	1
Protein (g)	60	10
Salt (g)	2.56	0.44

Nutrition for uncooked ingredients based on 2 person recipe.

### Allergens

#### 7) Milk 8) Egg

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

### Contact

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#### HelloFresh UK

Packed in the UK The Fresh Farm 60 Worship St, London EC2A 2EZ

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# Par-Boil the Potatoes

Preheat your oven to 200°C. Fill and boil your kettle. Pour enough **oil** into a deep baking tray to cover the bottom and pop into the oven. Peel and chop the potatoes into 3cm chunks. Pour the boiling water into a large saucepan on high heat with 1/2 tsp salt. Add the potatoes to the boiling water and cook until the edges have softened when you poke them with a knife, 5-6 mins.



### **Get Roasting**

Once the **potatoes** are ready, drain in a colander, pop back into the pan and sprinkle in the grated hard Italian style cheese. Shake gently to fluff up the potatoes and coat in the cheese. Carefully add your **potatoes** to the hot baking tray in a single layer, turning in the **oil**. Season with **salt**, then roast on the top shelf of your oven until golden, 30-35 mins. Turn halfway through.



# Wrap the Chicken

Meanwhile, lay 1 slice of Serrano ham lengthways on a board. Place a chicken breast horizontally across the middle. Wrap the **ham** around the breast to enclose it. Place it seam-side down on a large, lightly-oiled baking tray. Repeat with the remaining **chicken** and **ham**. Drizzle a little **oil** over the **chicken**, then roast on the middle shelf of your oven until cooked through, 25-30 mins. **IMPORTANT:** Wash your hands and equipment after handling raw meat and its packaging. The chicken is cooked when no longer pink in the middle.



### **Finish the Prep**

Meanwhile, halve, peel and thinly slice the **shallot**. Halve any thick broccoli stems lengthways. When the **chicken** is halfway through cooking, add the Tenderstem<sup>®</sup> to the same baking tray, drizzle with **oil** and spread out in a single layer. Season with salt and pepper, then pop back in your oven for the remaining 10-15 mins.



### Make the Sauce

While everything cooks, heat a drizzle of **oil** in a small frying pan on medium heat. Add the **shallot** and fry until softened, 4-5 mins. Stir occasionally. Pour in the **water for the sauce** (see ingredients for amount) and stir in the chicken stock paste. Bring to the boil and simmer until the **liquid** has reduced by half, 3-4 mins. Stir in the creme fraiche, bring to the boil, then remove from the heat. Taste and add salt and pepper if needed.



## **Finish and Serve**

Once the **chicken** is cooked, transfer to a board to rest for 2-3 mins. Reheat the **sauce** if necessary. Slice the chicken widthways into roughly 5 pieces and serve on plates with the cheesy potatoes and broccoli alongside. Sprinkle the truffle zest over the potatoes and drizzle over the sauce.

**Enjoy!**