



# Smoked Salmon Sandwich with Dill Cream Cheese

Lunch 5 Minutes

4A



Dill



Cream Cheese



Seeded Roll



Smoked Salmon



Start your delicious adventure

We've partnered with Audible so you can relax and unwind on your lunch break. Flip to the back to find out how to get your free subscription.

## Before you start

Our fruit and veggies need a little wash before you use them!

## Cooking tools, you will need:

Small Mixing Bowl, Plate and Container.

## Ingredients

	Quantity
Dill**	1 bunch
Cream Cheese** 7)	50g
Seeded Roll 13)	1
Smoked Salmon** 4)	40g

\*Not Included \*\*Store in the Fridge

## Nutrition

	Per serving	Per 100g
<b>for uncooked ingredient</b>	<b>103g</b>	<b>100g</b>
Energy (kJ/kcal)	1065 /254	1034 /247
Fat (g)	12	12
Sat. Fat (g)	5	5
Carbohydrate (g)	28	28
Sugars (g)	3	3
Protein (g)	11	10
Salt (g)	1.46	1.42

Nutrition for uncooked ingredients based on 2 person recipe.

## Allergens

4) Fish 7) Milk 13) Gluten

Please remember to check your ingredient packaging for information on allergens and traces of allergens!

Wash your hands before and after prep. Wash fruit and veg; but not meat! Use different chopping boards and utensils for raw and ready-to-eat foods (or wash in-between).

Boxes are packed in facilities that handle Peanut, Nut, Sesame, Fish, Crustaceans, Milk, Egg, Mustard, Celery, Soya, Gluten & Sulphites.

## Contact

Thumbs up or thumbs down?

Head online or use our app to rate this recipe


You made this, now show it off! Share your creations with us: #HelloFreshSnaps

HelloFresh UK

Packed in the UK

The Fresh Farm

60 Worship St, London EC2A 2EZ

 You can recycle me!



1



2



3



## Prep

**a)** Tear the **dill** using your hands (keeping the stalks if you wish).

## Make the Spread

**a)** Pop the **dill** and **cream cheese** into a small bowl and mix until combined.

**b)** Slice the **seeded roll** in half lengthways.

## Layer It Up

**a)** Spread the **dill cream cheese** on the top and bottom of the **roll** (as much as you like).

**b)** Top the **dill cream cheese** with the **salmon slices**.

**c)** If you're eating straight away, place your **sandwich** on a plate and enjoy!

**d)** If you're eating later, pop it into a container and store in your fridge.

**e)** Finish up and prepare to be swept away with an audiobook of your choice.

Enjoy!

**There may be changes to ingredients in recipes:**

**Allergens:** Always check the packaging of individual products/ingredients for up to date information.

**Missing Ingredients:** You will be notified by email if an ingredient is missing or replaced, with any potential recipe step changes.

Craving a delicious adventure?

Scan the QR Code to sign up for a free 2 month subscription with Audible.

**audible** 

