

Ultimate Bacon Mac & Cheese

with Parmigiano Reggiano and Honey Mustard Dressed Salad



35-40 Minutes







Macaroni







Mature Cheddar



Cheese



Chicken Stock



Panko Breadcrumbs

Baby Plum Tomatoes

Creme Fraiche



Parmigiano Reggiano



Honey



Wholegrain Mustard





Before you start

Our fruit and veggies need a little wash before you use them! Wash your hands before and after prep.

Cooking tools

Saucepan, colander, frying pan, kitchen paper, grater, bowl and ovenproof dish.

Ingredients

	2P	3P	4P	
Macaroni 13)	180g	270g	360g	
Streaky Bacon**	8 rashers	12 rashers	16 rashers	
Mature Cheddar Cheese** 7)	90g	135g	180g	
Butter*	20g	30g	40g	
Plain Flour*	1½ tbsp	2 tbsp	3 tbsp	
Water for the Sauce*	250ml	375ml	500ml	
Creme Fraiche** 7)	150g	225g	300g	
Chicken Stock Paste	10g	20g	30g	
Panko Breadcrumbs 13)	25g	35g	50g	
Parmigiano Reggiano** 7)	20g	30g	40g	
Baby Plum Tomatoes	125g	190g	250g	
Honey	1 sachet	11/2 sachets	2 sachets	
Wholegrain Mustard 9)	17g	25g	34g	
Olive Oil for the Dressing*	250ml	375ml	500ml	
Rocket**	40g	60g	80g	
*Not Included **Store in the Fridge				

Nutrition

Per serving	Per 100a
416g	100g
4792 /1145	1152 /275
70.0	16.8
34.5	8.3
92.1	22.1
13.7	3.3
43.5	10.5
4.52	1.09
	416g 4792/1145 70.0 34.5 92.1 13.7 43.5

Nutrition for uncooked ingredients based on 2 person recipe.

Allergens

7) Milk 9) Mustard 13) Cereals containing gluten

Always remember to check your ingredient packaging for the most up to date information on allergens and traces of allergens. Boxes are packed in facilities that handle peanut, nut, sesame, fish, crustaceans, milk, egg, mustard, celery, soya, gluten and sulphites.

Use separate equipment to handle raw and cooked meat (or wash between uses). Missing or replaced ingredients, as well as any recipe step changes, will be communicated where possible via email.

Contact

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Packed in the UK The Fresh Farm 60 Worship St, London EC2A 2EZ







Cook the Macaroni

Preheat your grill to high. Bring a large saucepan of water to the boil with ½ tsp salt.

When boiling, add the **pasta** to the **water** and bring back to the boil. Cook until tender, 12 mins.

Once cooked, drain in a colander and pop back in the pan. Drizzle with **oil** and stir through to stop it sticking together.



Fry the Bacon

While the **pasta** cooks, heat a drizzle of **oil** in a large frying pan on medium-high heat.

When hot, lay in the **bacon rashers** and fry until crispy and brown, 3-4 mins on each side (cook in batches if necessary).

Once cooked, transfer to a plate lined with kitchen paper and keep the **bacon fat** in the pan. IMPORTANT: Wash your hands and equipment after handling raw meat. Cook bacon thoroughly. Meanwhile, grate the **Cheddar**.



Make the Sauce

Pop the frying pan back on medium-high heat. Melt in the **butter**, then stir in the **flour** (see ingredients for both amounts). Cook until it forms a **paste**, 1-2 mins - you've made a **roux**!

Gradually stir in the **water for the sauce** (see ingredients for amount), **creme fraiche** and **chicken stock paste**. Bring to the boil, stir and simmer until thickened, 2-3 mins.

Meanwhile, chop the **crispy bacon** into small pieces.

Once thickened, remove the **sauce** from the heat and stir in the **grated Cheddar**, **cooked macaroni** and **half** the **chopped bacon**. Add a splash of **water** if it's a little thick. Taste and season with **salt** and **pepper** if needed.



Grill the Mac & Cheese

Pop the **panko breadcrumbs**, **parmesan** and remaining **chopped bacon** into a small bowl. Season with lots of **pepper**, then mix to combine.

Transfer the **pasta** to an ovenproof dish and top with the **breadcrumb mixture**.

Grill until the **breadcrumbs** are golden and the **cheese** has melted, 3-5 mins.



Salad Time

Meanwhile, halve the **baby plum tomatoes**. In a medium bowl, mix together the **honey**,

wholegrain mustard and olive oil for the dressing (see ingredients for amount). TIP: If your honey has hardened, pop it into a bowl of hot water for 1 min. Season with salt and pepper, then add the tomatoes to the bowl.

Just before serving, add the **rocket** and toss to coat.



Serve

When ready, serve up your ultimate bacon mac & cheese on plates with the honey mustard dressed salad alongside.

Enjoy!